



KEYNOTE TALK:

A GUIDE TO PROTECTING YOUR HEART

PROFESSOR DAVID ALLAN WOOD
NATIONAL UNIVERSITY OF IRELAND



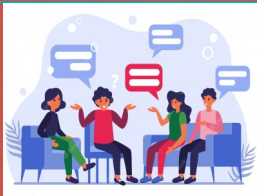
**QUB RESEARCH IN ACTION:
LIFESTYLE IMPROVEMENTS FOR
HEART HEALTH**

DR GEMMA CAUGHERS
QUEEN'S UNIVERSITY BELFAST



**EMOTIONAL RESPONSE TO A
CARDIAC EVENT: PATIENT
PERSPECTIVE**

MR RICHARD MINDHAM
PPI REPRESENTATIVE



**HOW TO EFFECTIVELY INVOLVE
PATIENTS AND CARERS IN
RESEARCH**

PANEL SESSION: PROFESSIONALS
AND PATIENTS



**PATIENTS AND PROFESSIONALS
COMING TOGETHER TO CHANGE
POLICY AND PRACTICE**

PROFESSOR DONNA FITZSIMONS
QUEEN'S UNIVERSITY BELFAST



CLOSING COMMENTS

PROFESSOR PASCAL MCKEOWN
QUEEN'S UNIVERSITY BELFAST

QUB Cardiac Research Group Annual Heart Health Conference - 2023: Bringing Patients, Carers, and Professionals together to Improve Outcomes.

DATE

Friday 29th September 2023

TIME

12:45 PM — 4:15 PM

VENUE

The Great Hall, Queen's University Belfast >>> for directions



Calling all those interested in heart health and cardiac research

Come along for **free** to our afternoon conference on World Heart Day to receive:

- Advice on lifestyles for improving heart health
- Information on involving patients and carers in research & policy making
- Details about the latest cardiac research at Queen's University Belfast
- A free lunch (sandwiches and fruit) and refreshments (tea / coffee and biscuits / scones)
- A health check-up (i.e., blood pressure, weight, and heart rate) and signposting to relevant support services

A certificate of attendance will be provided to all delegates (CPD certificates issued to professionals).

Register here:

<https://www.eventbrite.ie/e/qub-cardiac-research-group-annual-heart-health-conference-2023-tickets-693966471397?aff=oddtcreator>



SCHOOL OF NURSING AND MIDWIFERY



DIRECTIONS

The Great Hall

Lanyon Building, Queen's University Belfast, University Road, Belfast,
BT7 1N



Acknowledgments

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The Organising Committee express their appreciation to the PPI members of the CRG at QUB for their valuable input and assistance with conference planning and delivery. We would also like to thank the speakers for their time and effort.