

# “Let’s not just talk about it: making psychological therapies work for people with learning disabilities and emotional difficulties”

Seminar with **Professor Andrew Jahoda**  
University of Glasgow

**Wednesday 19 September at 2.15pm - 3.30pm**  
Room 16G42, Jordanstown campus



Andrew Jahoda is Professor of Learning Disabilities at the Institute of Health and Wellbeing in the University of Glasgow. He also has a clinical role as honorary Consultant Clinical Psychologist at NHS Greater Glasgow and Clyde. Andrew’s research interests concern the mental health and wellbeing of people with learning disabilities, and the contribution made by a range of psychological and social factors. This includes work looking at the impact of stigma and social exclusion on people with learning disabilities, and investigating ways of trying to tackle prejudice. He is also interested in adapting psychological approaches for people with learning disabilities, in a way that is meaningful and fits with their life experience. As well as adapting therapies, he has been involved in trials of psychological therapies to try and find out what works in practice.

**If you would like to reserve a free place please contact:  
l.taggart@ulster.ac.uk. Numbers are strictly limited.**