



# PAIGE2 – Pragmatic Lifestyle Pregnancy and Post Pregnancy Intervention for Overweight Women with Gestational Diabetes Mellitus: a Randomised Controlled Trial



A recent pilot postnatal lifestyle intervention programme (PAIGE) for overweight women with previous gestational diabetes completed by investigators in the Belfast Health and Social Care Trust showed a significant weight reduction at six months. PAIGE2 now aims to confirm these findings in a much larger definitive randomised controlled trial involving three sites in Northern Ireland and three sites in the Republic of Ireland over a 12 month period.

If the results of PAIGE2 are positive, they could have major implications for population health and be readily translated into routine clinical practice.

The CHITIN project has received €8.84m from the EU's INTERREG VA Programme, which is managed by the Special EU Programmes Body (SEUPB).

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