



Cross-border

Healthcare Intervention Trials

in Ireland Network

## PolyPrime

PolyPrime is a three-phase theory based study to improve prescribing of appropriate polypharmacy (using multiple medicines) in older people living at home.

**Phase 1:** Discussion with GPs in the six border counties in the Republic of Ireland to assess their views on whether this study would be suitable for use in their practices or if it would require further changes.

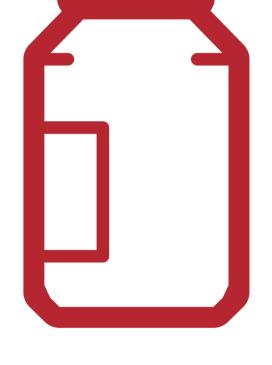
**Phase 2:** A pilot study in 12 GP practices in the North and South of Ireland where the intervention will be tested in the practices.

**Phase 3:** Assess if the intervention has been acceptable to GPs and patients by measuring if quality of life has changed.

The team that will be running this trial come from a variety of backgrounds including pharmacy, general practice, nursing, psychology and social sciences.

The CHITIN project has received €8.84m from the EU's INTERREG VA Programme, which is managed by the Special EU Programmes Body (SEUPB).





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