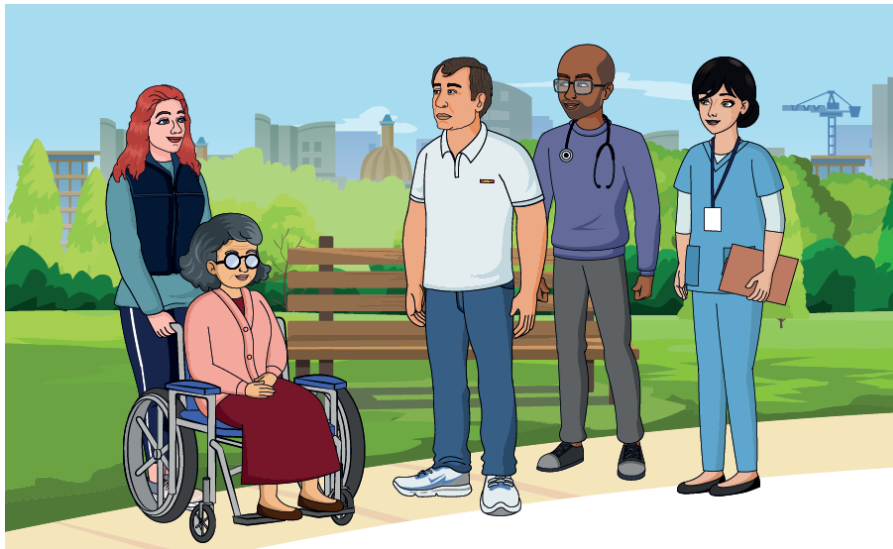

Public Involvement in Health and Social Care Research: Case Study Collection

July 2026

A key priority of the Involvement Matters project was to:

Develop and share case study examples of effective Personal and Public Involvement (PPI) practice and impacts across different types of Health and Social Care research in Northern Ireland.

This document brings together a selection of case study examples of PPI in Health and Social Care research and in doing so, aims to help encourage and guide the development of future case studies by the research community within Northern Ireland.



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Case studies: Examples of Public Involvement and Community Engagement (PICE) in the North East and North Cumbria

Five case studies which detail some of the existing work to increase community engagement in research across NIHR Clinical Research Network North East and North Cumbria. The first two cases studies (Creating Connections Network and the Applied Research Collaboration's Public Advisory Networks) highlight the integration of involvement and engagement focused networks across the region, demonstrating how this has been of benefit to community involvement in research. The latter three cases studies (Multiverse Lab, Developing VCSE/Researcher partnerships for impact and sustainability, Public involvement and co-production research training) highlight innovative approaches to developing models of community involvement in research and building research capacity within underserved groups.

➤ [Click here to access](#)

Great Ormond Street Hospital Biomedical Research Centre: Patient Public and Involvement Impact and Engagement Report 2024-2025

These case studies and opinion pieces highlight some examples of the rich diversity of PPIE taking place across the organisation, and the positive impact this has had on the development and delivery of research.

➤ [Click here to access](#)

Cancer Research UK: Case Studies

People affected by cancer and members of the public can be involved at any stage of the research cycle. Read Cancer Research UK's case studies to find out how researchers have successfully involved people in their work.

➤ [Click here to access](#)

Public and Patient Involvement and Engagement (PPIE) Impact Case Study – BREATHE, the Health Data Research Hub for Respiratory Health

This case study outlines how public involvement has shaped BREATHE, the Health Data Research Hub for Respiratory Health. Through their unique perspectives, the BREATHE PPIE lay leads and Curiosity Group have helped to achieve one of the Hub's central goals: to ensure that BREATHE health data are always used in a fair and transparent way, and for public benefit.

- [Click here to access](#)

Listening to the Patient Voice in ME/CFS Research

The main aim of the [DecodeME study](#) is to find genetic causes of why people become ill with ME/CFS. This case study describes how the DecodeME study put the lived experience of people with ME/CFS and carers right at its heart.

- [Click here to access](#)

Shaping Future Research into Rare Forms of Anaemia

This case study describes how patients, carers and healthcare professionals were brought together to shape future research into rare forms of anaemia.

- [Click here to access](#)

Public Involvement in Research: Assessing Impact through a Realist Evaluation

This chapter provides eight case study examples of public involvement and outlining the context, mechanism, and outcomes.

- [Click here to access](#)

NIHR School for Primary Care Practice: Public Involvement and Engagement in Practice

The School for Primary Care Research PPIE in Practice Series showcases the range of public involvement and engagement activity happening across the School through video and written case studies. The series also aims to foster learning about different approaches to involvement and inspire others about the ways in which the public can be involved in research.

➤ [Click here to access](#)

Co-producing Research on Young People's Mental Health and Wellbeing

This case study describes the TRIUMPH Youth Advisory Group, made up of 16 young people aged 16 to 24. The group included four young people from each of the four nations of the UK, supported by four partner organisations. These partners helped us recruit members and supported them to take part in our activities.

Two were public involvement organisations based in Wales ([ALPHA](#)) and Scotland ([Young Edinburgh Action](#)), one was an organisation for LGBTQ+ young people in England ([Free2B Alliance](#)), and one for care-experienced, young people in Northern Ireland ([VOYPIC](#)).

➤ [Click here to access](#)

Creating a Culture of Public Involvement in a Research Unit

This case study describes patient involvement at the Medical Research Council Human Genetics Unit (MRC HGU).

➤ [Click here to access](#)

Public Involvement Impact Review: Unlocking Data Project

This case study describes public involvement in the Unlocking Data project which was set up to inform Public Health and Practice. It was about asking citizens in Kent, Surrey and Sussex their views on using public health data to create solutions to barriers in health policy.

➤ [Click here to access](#)

Developing Ideas and Strengthening Research Proposals through Public Involvement

This case study describes how public involvement shaped a new proposal that aimed to explore how community-based services identify, assess, and support the needs and wellbeing related to food and drink of older people who live at home and use homecare.

➤ [Click here to access](#)

NIHR Applied Research Collaboration: East of England. Our Public Involvement Impact

ARC East of England have developed case studies to evaluate the impact of involvement on their research and to highlight the changes, benefits and learning gained from partnership working and public involvement.

➤ [Click here to access](#)

NIHR Newcastle Biomedical Research Centre: Ageing, Sarcopenia and Multimorbidity

In this case study, the Ageing, Sarcopenia and Multimorbidity theme (ASM) share insights into how to design a public engagement event for an underserved group of older study participants.

➤ [Click here to access](#)

NIHR School for Public Health Research: Impact Case Study – Working in Partnership with a Peer Researcher Team to Produce our Public Mental Health Research

In this case, peer researchers shared their experiences of mental health to co-produce mental health research working in partnership with the School for Public Health Research academics.

➤ [Click here to access](#)

Queen's University Belfast: Case Study examples of PPI

There are numerous excellent examples of PPI research being undertaken across Queen's University Belfast. Here are some examples of this work, highlighting the collaborative working relationships between PPI contributors and researchers.

➤ [Click here to access](#)

Care-Experienced Young People Co-Produce Data Research to Make it More Relevant and Impactful

A case study published in the International Journal of Population Data Science (IJPDS) shows how care-experienced young people can work alongside researchers as equal partners to co-produce complex data-intensive research. The project was led by the Administrative Data Research Centre Northern Ireland (ADRC NI) in partnership with the charity Voice of Young People in Care (VOYPIC). It demonstrates that co-production in data-intensive research is not only possible, but delivers real benefits for individuals, research quality, and organisations.

➤ [Click here to access](#)

To access the materials from the ‘Involvement Matters’ project, [please click here](#) or scan the QR code below:



Further Information

[Please click here to view our PPI animation.](#)

[View our PPI Resource Library for Researchers](#)

[View our PPI Resource Library for the Public](#) or [find out more about getting involved in Health and Social Care research.](#)