

Thursday 11th April

Time	Session A	Session B	Session C	
08.00	Registration			
09.00	Keynote: Embedding psychology in global health partnerships: The Change Exchange Dr Jo Hart, University of Manchester			
10.00	Henri Tajfel's Theoretical Contribution to Psychology: A Brief Reminder Alfie Wisener, QUB	Association of the study of Obesity NI Network & DHPNI Symposium		
10.20	The PHQ-9 as a tool to measure depression in people with multiple sclerosis: a cross section validation study Emily Beswick, University of Edinburgh & Anne Rowling Regenerative Neurology Clinic	Managing Weight: Understanding weight stigma and best practice for behavioural interventions Chair: Dr Laura McGowan, QUB Discussant: Prof Tony Cassidy, Ulster University	The prevalence of Mental health and well-being concerns within NI post-primary schools Nicole Bond, Ulster University	
10.40	Psychometric Evaluation and Confirmatory Factor Analysis of the Childhood Trauma Questionnaire-Short Form Jennifer Moore, QUB & NHSCT	My Story Emma McKnight, a patient's perspective	'Buddies for Life': helping primary school children develop and build emotional resilience, kindness and empathy Penny Quinn, Maynooth University	
11.00	An Evaluation of Trauma History Measures in Clinical and Research Practice Lisa Coyle, NHSCT	Weight Stigma and the psychological cost of toxic shame Bridin McKenna, Life Therapies Clinic & Association for the Study of Obesity	Building psychological resilience and promoting post traumatic growth in refugee children post migration: A practitioner perspective Maria Gialam, Maynooth University	
11.20	Refreshment Break			
11.40	Workshop: Developing an Impact-Literate Approach to Psychology Interventions Dr Julie Bayley, University of Lincoln	Association of the study of Obesity NI Network & DHPNI Symposium cont.		
12.00			Development and implementation of a behavioural weight management intervention in the postpartum period: "SMS" Supporting Mums Study - from design to outcomes Caroline McGirr, QUB	Problem Solving Justice: Investing in Early Intervention and Treatment to Reduce Reoffending Geraldine O'Hare, Gillian Montgomery, Ian McGlade Probation Board Northern Ireland
12.20				
13.20	DHPNI AGM		DFPNI AGM	
13.40	Lunch Break			
14.20	NIBPS/PSI Annual Lecture Keynote: Thinking Bigly: The macropsychology of equal opportunity Prof Malcolm MacLachlan, Maynooth University			

Please note this is a draft agenda and is subject to change.

Presenters only detailed, full author details can be found in the Conference Handbook



15.20	<p>Symposium: Living with chronic health conditions: a role for health psychology to promote better understanding and management Chair: Liz Simpson, Ulster University</p> <p>Living with stoma: an investigation on well-being and quality of life Ellen Simpson, Ulster University</p>	<p>Symposium: Psychologists for Social Change NI Chair: Stephen Caswell, BHSCT, Psychologists for Social Change NI</p> <p>An Introduction to Psychologists for Social Change NI. What have we been up to and why? And what's next?! Stephen Caswell^{1&2}, Dave Rogers^{2&3} ¹BHSCT, ²Psychologists for Social Change NI, ³NHSCT</p>	<p>Access and Use of Mental Health Services among Individuals Experiencing Homelessness Pearse Adams, University College Cork</p>
15.40	<p>Motivational Interviewing for Poorly Controlled Type 2 Diabetics in a Rural South African Community Yolanda Barnard, Ulster University</p>	<p>City Redevelopment in Belfast and the Psychology of Place Stephen Caswell, BHSCT, Psychologists for Social Change NI</p>	<p>Understanding Mental Illness from the Narratives of Psychiatric Patients: A Pilot Study Chandril Chandan Ghosh, QUB</p>
16.00	<p>Partners in Prostate Cancer: An exploration of the impact of prostate cancer on the partners of those diagnosed with the condition Terri Gilleece, Ulster University</p>	<p>The involvement of Psychologists for Social Change NI in promoting political and structural change for and alongside the LGBT community in Northern Ireland Katie Burns^{1&3}, Cathy Ewing^{2&3} ¹BHSCT, ²Praxis Care, ³Psychologists for Social Change NI</p>	<p>"Lonely in my Head": The experiences of loneliness in individuals with brain injury Niamh Lowe, Trinity College Dublin</p>
16.20	<p>Development of a theory based online intervention using the Behaviour Change Wheel and COM-B model to encourage dietary behaviour change towards a diet that promotes brain health (MIND diet) Deirdre Timlin, Ulster University</p>	<p>Perinatal mental health and Raising awareness of social inequalities in disadvantaged communities Anne Darcy^{1&3}, Annemarie Millar^{2&3} ¹WHSC, ²QUB, ³Psychologists for Social Change NI</p>	<p>Stress and Social Functioning: The mediating role of family support and self-esteem in young adults living with chronic conditions in Ireland Finiki Nearchou, University College Dublin</p>
16.40	<p>Exploring women's attitudes, perceptions and knowledge of menopause, their management and coping strategies Adele McLoughlin, Ulster University</p>	<p>Symposium: Long-term conditions in clinical health psychology: Assessment, interventions and future directions Convenor: Lisa Graham-Wisener, QUB Chair: Emma Berry, QUB</p> <p>A new item bank for assessing alcohol-related problems in adolescents Paul Toner, QUB</p>	<p>Addressing the neuropsychiatric symptoms of dementia using non-pharmacological interventions: what we know and what we need to find out Maria Gialama, Maynooth University</p>
17.00		<p>Moving On: The impact of a self-management intervention using mobile technology on health outcomes in cancer survivors Jenny Groarke, QUB</p>	



17.20	Wine & Poster Viewing*	Developing an intervention to reduce diabetes distress in couples living with Type 2 diabetes: theory vs. real life Emma Berry, QUB	Wine & Poster Viewing*
17.40			
18.00	Public Lecture: Making sense of chronic illness and its' impact: patient and carer beliefs, coping and outcomes Prof Val Morrison, Bangor University		
19.00	Conference Day One Close		
20.00	Conference Dinner		

Friday 12th April

Time	Session A	Session B	Session C	Session D
08.00	Registration			
09.00	Keynote: Trauma, Sleep & Post-traumatic Stress Disorder: Intervening in NI Military Veterans & Traumatized South African Adolescents Prof Cherie Armour, Ulster University			
10.00	<p>Symposium: Psychological trauma: Recent theoretical and treatment perspectives Chair: Dr Kevin Dyer, NHSCT & NI Regional Trauma Network</p> <p>The Psychological Impact of the 2011 Christchurch earthquake and subsequent aftershocks Dr Donncha Hanna, QUB</p>	<p>Symposium: Supported by DCOPNI</p> <p>School Mental Health: Key issues and the preliminary outcomes of a curriculum based preventative mental health programme - www.hopefulminds.org for 8-14 year: From US to NI and beyond Chair: Dr Karen Kirby, Ulster University</p> <p>Adolescent Mental health: Prevalence and scale of the problems in NI. Global Evidence on school based approaches. The views of Teachers. Introducing Hope theory and Hopeful minds pilot Dr Karen Kirby, Ulster University</p>	<p>Responsible Disruption Terri Morrissey, CEO PSI</p>	<p>A Level Award Winner: Are Teenagers Tone Deaf? Gender Differences in Teenagers' Ability to Decode Speakers' Feelings Vanda Brito, Rebecca Donaldson, Karina Kralinska, Yele Ladi-Taiwo, Amy Mineely, Hollie Shaw and Demileigh Washbourne, Breda Academy, Belfast</p> <p>AS Level Winner: The Social Power of Uniform Laura Graham, Emma Harrison, Pearl Sibanda, Banbridge Academy</p>
10.20	<p>Investigating Trauma Processing; the Development of Data Driven Processing and its Impact on Cognition Dr John Paul Corrigan, NHSCT & NI Regional Trauma Network</p>			<p>Workshop: Transitions Networking Event for school/college Psychology teachers and HE Psychology lecturers/teachers Helen Kitching, SCoPTE/DART-P</p>
10.30	<p>The association between bullying victimisation and psychosis prodrome experiences and the role of quality of the social environment Dr Ciaran Shannon, NHSCT</p>	<p>'The call for Hope'. The story of how Hopeful Minds originated to address youth mental health, prevent hopelessness and suicide in the US Kathryn Goetzke, www.hopefulminds.com</p>	<p>Symposium: Diversity, Inclusion and Wellbeing at Work Chair: Rachel Lindsay, DOPNI</p> <p>Are Diversity Initiatives Merely Ceremonial? The need for an evidence based approach to Equality, Diversity and Inclusion Tinu Cornish, Seachange Consultancy</p>	
11.00	<p>Mediation and path analysis models of the interrelationships between trauma exposure, trauma appraisals, resilience, and posttraumatic stress symptoms Dr Ryan Mitchell¹, Dr Kevin Dyer^{2&3} ¹SHSCT, ²NHSCT, ³NI Regional Trauma Network</p>	<p>The Journey to date: how Hopeful minds was brought to NI. Training and delivery. Overview of each of the lessons x 12 Marie Dunne, Resilio & www.hopefulminds.com</p>	<p>Neurodiversity in the Workplace Nicola James¹, Sharon Beattie² ¹Lexxic, ²AEGIS Psychological Consultancy</p>	



11.20	A World-Leading Psychological Trauma Service: Developing the Northern Ireland Regional Trauma Network (RTN) Ciaran Mulholland, NHSCT, QUB & NI Regional Trauma Network			Workshop: Transitions Networking Event for school/college Psychology teachers and HE Psychology lecturers/teachers Cont. Helen Kitching, SCoPTE/DART-P
11.30				
11.40	Refreshment Break			
11.50		A Case Study example of the impact of Hopeful Minds, after experiencing the loss of two teenagers to suicide. Including a clip of documentary 'Teens on the Edge' Nigel Firth, Drumragh College		
12.00	How Army Veterans Cope with Chronic Pain Catherine Hitch, Ulster University		Social identity, well-being and performance Elizabeth Yardley, Pearn Kandola	
12.20			Discussant: Stephen Peover, Chair NI Chief Executives Forum	
12.30				
12.40				
12.50		Research Outcomes from two Hopeful Minds pilots in NI and Malaysia. Where next? Closing remarks Dr Karen Kirby, Ulster University		
13.00	DCOPNI AGM	DECPNI AGM	DOPNI AGM	
13.20	Lunch Break			
14.00	Keynote: Haunted by Memories Prof Anke Ehlers, University of Oxford			Symposium: What is the Daily Mile and is it any good for our kids' health and learning? Chair: Barbara McConnell, Stranmillis University College
15.00	Workshop: Transdiagnostic CBT for Emotional Disorders: A Unified Protocol Pilot Group Intervention Ian O'Grady ^{1&2} , Emma O'Byrne ² , Joanne Brennan ² , Aoife Malone ² , Nadine McLaughlin ² ¹ Trinity College Dublin, ² St James Hospital Mental Health Services	Symposium: DECPNI and QUB DECAP Training Course: Tribute to Joe Duffy Under the Radar: The Experiences of Adolescent Girls with Autism Emily Fitzgerald, QUB	Undergraduate and Early Career Psychologists Workshop: Research: Methods and Impact Research Impact Dr Laura Dunne, QUB	Attentional focus and perceptual responses during walking and running: Implications for The Daily Mile Noel Brick, Louise Kane Ulster University Integrating the Daily Mile Within the Healthy Choices Intervention: Testing Self-Determination Theory Stephen Shannon, Deidre Brennan. Gavin Breslin, Ulster University
15.20		An Exploration of Transgender Children and Young Peoples' School Experiences in Northern Ireland Victoria McIlwaine, QUB	Qualitative Approaches in Psychology Dr Karen Hagan, The Open University	
15.40		A qualitative exploration of post-primary pupils' experiences of classroom assistant support Tara Jane Duffy, QUB		



16.00		Saved by the bell? Exploring the impact of introducing mindfulness to adolescents in alternative education due to prolonged school absence Tara Shine, QUB		What is the Daily Mile and is it any good for our kids' health and learning? Colin N. Moran, University of Stirling
16.20		An evaluation of how classroom assistants are mediating the learning of pupils with Special Educational Needs (SEN) within a mainstream post-primary school within Northern Ireland Marie Hill, QUB		Implementing the Daily Mile within Initial Training – The Picture so far Brenda McKay-Redmond, Barbara McConnell, Stranmillis University College
16.40		Discussant		The Daily Mile pilot Challenge Claire Drummy, SHSCT
				Walking the mile in Practice – Case study from Mount St Michaels PS Randalstown Philip Lavery, Roisin McMullan, Mount St Michael's PS
				Promoting the daily mile – Developing uptake and practice in NI Colette Brolly, PHA
17.00	Keynote: The Psychological and Psychosexual Impact of Male Urogenital Cancers Kate Bullen, President The British Psychological Society & University of Brighton			
18.00	NIBPS Annual Conference 2019 Closing Comments			

*** Posters being presented on Thursday 11th April – alphabetical by lead presenter**

Profiles of Emotion Regulation Strategies and the Link to Mood Disorders - Cherie Armour, Ulster University

Factors that influence the success or failure of online self-help interventions (OSHIs) for UK military veterans and their families; a Realist Review - Cherie Armour, Ulster University

An Exploratory Study of the Impact of Low-Intensity Cognitive Behavioural Therapy Intervention with Parents of Children with Intellectual Disabilities: A Service Evaluation - Roisin Begley, WHSCT

How do women experience breastfeeding support via social media: can it aid extended breastfeeding success? - Rachel Black, Ulster University

Multiple Placement Disruption of 'Looked after Children'; The negative psychological, emotional & behavioural impact and outcomes - Martin Burns, Ulster University

Perceptions of coping with the long-term consequences of Polycystic Ovary Syndrome in women at different stages of the menopausal transition - Maureen Busby, Ulster University

Interpermeation of Sport, Wellbeing and Personality: An Interpretative Phenomenological Analysis of Undergraduate Student-Athletes in Hong Kong and the United Kingdom - Bill Cheuk Long Chan, University of Edinburgh

Cancer Survivors' and Carers' experience of a Group Life Coaching Programme: An Interpretative Phenomenological Analysis - Aine Crumlish, Ulster University

The Stroke Caregiver Experience in Northern Ireland focusing on caregiver burden, stress and quality of life - Rebekah Davison, Dr Niamh Kennedy, Ulster University

Clinical Utility of the Mayo-Portland Adaptability Inventory in a Community Brain Injury Service - Shannon Dunseath, Dr Colin Davis, NHSCT

Assessing the relationship between basic quantity discrimination skills and number word knowledge in 2-3 year-olds - Erin Gillespie, Ulster University

Measuring measurement: a psychometric assessment of a reading ability test - Donncha Hanna, QUB

Effects of attentional focus and cognitive strategies on perceptual responses during endurance exercise: A systematic review - R. Louise Kane, Ulster University

The Exploration of Sex and Cultural Differences in Student Expectations between UK and Polish University Students - Shannon-Marie Kelly, Ulster University

The Impact of Psychological and Trauma Related Factors on IPV Trajectories - Tracey McDonagh, University of Southern Denmark

Lifetime Trauma Unrelated to Successful Behaviour Change in Alcohol Use Disorder and Weight Loss Maintenance - Emma O'Byrne, Middlesex University & Health Service Executive

DSM and ICD PTSD Among Military Veterans Living in Northern Ireland - Martin Robinson, Ulster University

What happened to the waiting list group? An analysis of the outcomes of the waiting list participants from an internet-delivered intervention for depression: A randomised-controlled trial - Phelim Tierney, Trinity College

Out with the old and in with the new? The effectiveness of current approaches to intimate partner violence perpetrator intervention: A systematic review and meta-analysis - Aine Travers, University of Southern Denmark & Ulster University